Elizabeth Lamanno is happily back in her garden caring for beautiful flowers that bring great joy to her life. But for a few years, gardening and many other activities were impossible. Liz had an arthritic hip that made daily living painful and a good night’s sleep a thing of the past. “I guess it’s just human nature to wait, but it just wasn’t getting any better. I wasted two good years in pain,” she said.

In late 2018, Liz finally had hip replacement surgery at Fairview Hospital, followed by a stay at Fairview Commons for rehabilitation. “From start to finish, the entire experience was excellent, just excellent,” she said. “Everyone treated me so well. Why did I wait so long? It had gotten to the point where I just didn’t want to do anything.”

Liz was also motivated by the fact that she could have leading-edge joint replacement surgery in her own community. “That made all the difference,” she said. “I could be close to home and close to my good friends.” Orthopaedic Surgeon Jeffrey Cella, MD, of Berkshire Orthopaedic Associates, sees patients at the practice’s Great Barrington office, and provides comprehensive orthopaedic care at Fairview Hospital. After a week of rehab, Liz was back in her own home.

As soon as she was able, Liz was back in her garden, restoring it to its once beautiful condition. “I had to dig the whole thing up,” she said. “But the point is, I could do it!”

“Why did I wait so long?”
After hip replacement surgery, a gardener is tending her flowers once again