Berkshire Medical Center has been recognized as a “Leader in LGBT Healthcare Equality” in the Healthcare Equality Index 2013, an annual survey conducted by the Human Rights Campaign (HRC) Foundation, the educational arm of the country’s largest lesbian, gay, bisexual and transgender (LGBT) organization. BMC earned top marks for its commitment to equitable, inclusive care for LGBT patients and their families, who can face significant challenges in securing adequate healthcare.

“We live and work in an area known for both its beauty and its diversity, and the staff at Berkshire Medical Center is committed to providing the highest level of quality care for all in our community,” said Diane Kelly, RN, BMC Chief Operating Officer. “This is a remarkable distinction and I am proud of our entire staff. It is the dedication they show each and every day in the care of each and every patient that has led to this and our many other national recognitions.”

BMC was one of a select group of 464 healthcare facilities nationwide to be named Leaders in LGBT Healthcare Equality. Facilities awarded this title meet key criteria for equitable care, including non-discrimination policies for LGBT patients and employees, a guarantee of equal visitation for same-sex partners and parents, and LGBT health education for key staff members.

BMC was congratulated by HRC Health & Aging Director Shane Snowdon. “LGBT patients deeply appreciate the welcoming environment provided by a Leader in LGBT Healthcare Equality. It makes a big difference to know that your local healthcare facility is fully committed to giving you the same care it gives your neighbors and co-workers.”

For more information about the Healthcare Equality Index 2013, or to download a free copy of the report, visit www.hrc.org/hei.

Be sure to take an important survey in regard to our LGBT care. See page 8 for details.
The 2013 BMC Golf Tournament teed off at the Pittsfield Country Club with bright sun and low humidity, as nearly 175 participants took to the course to help support BMC’s new Cancer Center. In all, 172 golfers took part in the tournament, held on July 24th and generously underwritten by TD Bank.

As Berkshire County experiences more than 700 new cancer cases per year, BMC’s comprehensive approach to cancer is a critical component of the hospital’s commitment to the community. The new Cancer Center, under construction at the BMC Hillcrest Campus, will provide expansive state-of-the-art care, from diagnosis through treatment to follow-up care and survivorship.

One of the key components of the new Center is the coordination of critical services, providing patients and their families with convenient local access, as well as the latest in clinical treatments and procedures, and integrative services that can help to make such a challenging time in a patient’s life more comfortable and bearable. Important services, such as nutrition counseling, behavioral health, pain management and support groups will be enhanced. New integrative services – yoga, massage therapy, acupuncture, meditation and creative writing – will be offered in a cohesive manner for the first time.

The funds raised by the BMC Golf Tournament will be used to help fund and further improve those important services for our community’s cancer patients and their loved ones.

More photos, page 3
BHS Awarded Grant to Securely Connect Electronic Health Records to the Mass HIway

Berkshire Health Systems has been selected by the Massachusetts eHealth Institute at the Massachusetts Technology Collaborative (MeHI) to receive a Mass HIway Implementation Grant that will help the state reach the goal of connecting healthcare providers to the Massachusetts Health Information Exchange (HIE), also known as the Mass HIway.

The $75,000 grant will provide BHS with resources to support connecting to the statewide Health Information Exchange, the Mass HIway, helping improve patient care and reduce costs.

“The participation of healthcare organizations throughout Massachusetts is key to the success of the Mass HIway and realizing the goals of health care reform,” said Laurance Stuntz, Director of the Massachusetts eHealth Institute at MassTech. “These projects will help take steps toward improving care and addressing costs through health technology.”

The Massachusetts Health Information Highway is a collaboration between the Massachusetts Executive Office of Health and Human Services (EOHHS) and the Massachusetts eHealth Institute to deploy a secure statewide health information exchange. The Mass HIway enables the electronic movement of health related information among diverse organizations, such as doctors’ offices, hospitals, laboratories, pharmacies, skilled nursing facilities and health plans.

The Massachusetts eHealth Institute at the Massachusetts Technology Collaborative is the state’s entity for health care innovation, technology, and competitiveness and is responsible for advancing the dissemination of health information technology throughout Massachusetts, including the deployment of electronic health records systems in all health care provider settings and connecting them through the statewide health information exchange.
The new Employee Electronic Record System, MyBHS, was formally launched on July 17th with the Employee Self Service website going live, giving employees a new access point for their payroll and other important information. As the new system was being rolled out, MyBHS Fairs were held at BMC, Fairview Hospital, the Clocktower and Central Block, with direct support provided at other locations across the system. In addition, a communications center was established to answer any questions or to address issues employees encountered in first using the new Employee Self Service site.

Accessing MyBHS
The MyBHS Employee Self Service website can be accessed by visiting the BHS Employee Web Portal and clicking on the MyBHS link under Related Links on the left, or you can click on the rotating banner graphic showing the MyBHS logo. For the next few weeks, links will also be provided in a box article on the homepage.

Employee Self Service Log-In and Website
The Employee Self Service log-in page can be found on the MyBHS page in several locations, including by clicking on the MyBHS logo in the upper left hand of the page. The user name and password for the site is the individual employee's BHS network log-in and password.

Home Access
The MyBHS Employee Self Service site can be accessed from most home computers, and directions for downloading the software to access the system can be found on the MyBHS website.

Questions?
If you have questions or need further instruction on the use of the MyBHS Employee Electronic Record System, please call the Information Systems Help Desk at 447-2798 or ext. 2798.

Important Information to Confirm
Once you are in the new Employee Self Service website, be sure to click on the Employee tab and then on “Personal Information.” Review your personal information, make changes as needed, and be sure to check the box at the bottom left that says, “I acknowledge that my information has been reviewed and is accurate.” Once this is complete, click on the Save button in the upper right. If you do this, you are automatically entered into a prize drawing.
The Kermit Gordon Scholarships were awarded to ten Berkshire County students enrolled in medicine, nursing, radiography, physical therapy and other healthcare related professional education programs. The Gordon Scholarship Fund was created by Mr. and Mrs. Kermit Gordon in 1985. Through the generosity and support of the Gordon family – longstanding donors to BMC – the ten students receiving scholarships for 2013 are:

- **Paige Fillio** of Adams, a graduate of Hoosac Valley High School attending the Massachusetts College of Liberal Arts to study Biology. She is the daughter of Gail Fillio.
- **Kathryn Goyette** of Adams will attend Springfield College to study for her Doctor of Physical Therapy. She is the daughter of Paul and Ruth Goyette.
- **Molly Howe** of Clarksburg attended Drury High School and will attend Radford University studying Nursing. She is the daughter of James and Cathy Howe.
- **Aleyamma Jacob** of Pittsfield will attend Russell Sage College to study for a degree as a Family Nurse Practitioner.
- **Seth Koczela** of Windsor will attend Northeastern University to study Health Sciences and Pre-Medicine. He is the son of Brian and Ann Koczela.
- **Alyssa Latimer** of Pittsfield graduated from Taconic High School and will attend High Point University to study for a Doctor of Physical Therapy. She is the daughter of Marc and Michelle Latimer.
- **Jacqueline Martinez** of Great Barrington graduated from Mt. Everett High School and will attend Regis College studying Nursing. She is the daughter of Juan Rodriguez and Imelda Martinez.
- **Meaghan Prince** of Lenoxdale graduated from Monument Mountain High School and will attend Keene State College studying Nursing. She is the daughter of James and Kathleen Prince.
- **Hanna Stringer** of Lenoxdale graduated from Lenox High School and will attend the Massachusetts College of Pharmacy. She is the daughter of Bruce and Linda Stringer.
- **Jennifer Wojtkowski** of Lanesborough will attend Russell Sage College to study Nursing.

BMC awarded eight scholarships for nursing through the former Henry W. Bishop and St. Luke's Nursing schools. These scholarships help pay initial tuition and expenses for those pursuing an associate's degree, bachelor's degree of master's degree in nursing. For 2013, the recipients of the BMC nursing scholarships are:

- **Rebecca Cao** of Pittsfield, attending Elms College studying Nursing. She is the daughter of Cach Cao and Yen Nguyen.
- **Cameron Geller** of Pittsfield, attending the University of Massachusetts in Boston studying Nursing. He is the son of Robert and Patricia Geller.
- **Aleyamma Jacob** of Pittsfield will attend Russell Sage College to study for a degree as a Family Nurse Practitioner.
- **Megan Gaul** of Lee, graduated from Lee High School and will attend Elms College to study Nursing. She is the daughter of Timothy and Marcy Gaul.
- **Jennifer Knysh** of Pittsfield, attending Berkshire Community College to study Nursing. She is the daughter of Roger and Patricia Knysh.
- **Katrina Rock** of Sandisfield is attending Salem State University studying Nursing. She is the daughter of Peter and Helen Rock.
- **Gabrielle Schnopp** of Dalton, graduated from St. Joseph's High School and is attending Berkshire Community College studying Nursing. She is the daughter of Erik and Kandice Schnopp.
- **Anisa Spagnuolo** of Pittsfield, a graduate of Pittsfield High School attending Berkshire Community College studying Nursing. She is the daughter of Anthony Spagnuolo.
**Fruit & Veggie Team Challenge**

**August 5 - September 2, 2013**

Track your fruit and vegetable servings during the month of August and receive 20 Wellness Points and a healthy prize. Create a team for the Fruit & Veggie Challenge NOW and get motivated to eat 5 or more servings of fruits and vegetables daily. **Designate a team captain and choose a team name.** During the week of July 29th, team captains can register the team and then email their team members to go to the WellnessWorks website to join their team. Be sure to list the team name. The challenge begins August 5th. For more information, contact Tina Brazie extension 2983 or tbrazie@bhs1.org.

**5 Reasons to Eat Five A Day:**

- A great way to reduce your risk of cancer, heart disease, stroke and other illnesses.
- A tasty, low-fat, low-sodium snack.
- High in vitamins, nutrients, minerals and fiber.
- Easy and quick to prepare on the road or at home.
- Better Health!

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**Stay Hydrated**

*Complete or call 447-3100 to schedule your Wellness screening during the month of August and receive a water bottle.*

Wellness is for all employees and their spouses! Spouses receive a $100 Visa gift card for completing a screening.

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**The No Diet Diet**

Jennifer Ward, RD, LDN, CLC, CPT
Wellness Registered Dietitian

**Workshop**

**Goal:** To help employees achieve their weight loss goals by focusing on being more mindful about their eating environment. This workshop will provide tips to help participants feel more satisfied with less food.

Register on the events page of the WellnessWorks website.

1. Choose a location and time for your pre-program measurements.
2. Starting on August 5th print out the tracker and start logging the 5 habits daily for 6 weeks.
3. Come to a final measurement time to complete the program and see how you did. Dates, times and locations are posted on the program flyer.

*Earn Wellness Incentive Points based on participation.*

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**GET CUFFED**

**Know Your Numbers:**

- Have your blood pressure checked
- Keep track of your progress
- Earn 10 Wellness Points

**Dates, Times and Locations:**

<table>
<thead>
<tr>
<th>Location</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clocktower, 5th floor</td>
<td>Tuesday, Aug. 6</td>
<td>Noon - 1 pm</td>
</tr>
<tr>
<td>small conf. rm.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fairview, Diabetes office</td>
<td>Thursday, Aug. 8</td>
<td>Noon - 1 pm</td>
</tr>
<tr>
<td>BMC, outside Café</td>
<td>Tuesday, Aug. 13</td>
<td>Noon - 1 pm</td>
</tr>
<tr>
<td>Hillcrest Campus of BMC,</td>
<td>Wednesday, Aug. 14</td>
<td>12:30 - 1:00 pm</td>
</tr>
<tr>
<td>outside Café</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Central Block, small conf. rm.</td>
<td>Wednesday, Aug. 14</td>
<td>Noon - 12:30 pm</td>
</tr>
</tbody>
</table>
Job Opportunities

**Berkshire Medical Postings, 07/19/13**
Emergency Department, RN, Non-Scheduled
Emergency Department, RN, 32 Hr/E
Emergency Department, RN, 32 Hr/E
Emergency Department, RN, 36 Hr D/E
NOF, RN, 40 Hr/Night Special
3 Medical, RN, 32 Hr/E
3 East Surgical, RN, 40 Hr/Night Special
3 East Surgical, RN, 40 Hr/Night Special
3 East Surgical, RN, 40 Hr/Night Special
Critical Care, RN, 36 Hr E/N
Critical Care, RN, 36 Hr E/N
Critical Care Step Down, RN, 36 Hr E/N
Radiology, Interventional Radiology RN, 32 Hr/D
3 East Surgical, Clinical Team Leader, 32 Hr/E Temp.
Case Management, Utilization Review Specialist,
   Non-Scheduled
Nursing Administration, Alternate Shift Nursing Director,
   Non-Scheduled
Critical Care, House Nursing Assistant, 12 Hr D/E
3 East Surgical, Nursing Assistant, 32 Hr/N
BMC ED Pro, Nurse Practitioner or Physician Assistant,
   40 Hr/D
3 East Ortho, Unit Coordinator, 16 Hr/E
CCU, Unit Coordinator, 16 Hr/D
CCU, Unit Coordinator, 24 Hr/D
Quality, Secretary, 20 Hr/D
Audiology – Gt. Barrington, Clinical Support Representative,
   30 Hr/D
Behavioral Sciences/Jones II/Jones III, Psych Aide,
   Non-Scheduled
Behavioral Sciences/Jones II/Jones III, Psych Aide,
   Non-Scheduled
Neurology, Medical Assistant 40 Hr/D
BFS Administration, Allscripts EHR System Trainer, 40 Hr/D
Hillcrest Family Health, Medical Assistant, 32.5 Hr/D
PCU, Unit Secretary, 20 Hr/D
Safety & Security, Safety & Security Officer, Non-Scheduled
Safety & Security, Safety & Security Officer, Non-Scheduled
Environmental Services, Team Leader, 40 Hr/D
Environmental Services, Housekeeper, Non-Scheduled
Environmental Services, Housekeeper, Non-Scheduled
Engineering, HVAC Tech, 40 Hr/D

**Berkshire Visiting Nurse Association Postings, 07/19/13**
Skilled Nursing, Community Health Nurse, Non-Scheduled

**Fairview Hospital Postings, 07/19/13**
Rehabilitation, Physical Therapist, 32 Hr/D
Emergency Dept., ED Tech, Per Diem
Case Management, Case Manager, Per Diem
Med/Surg, Registered Nurse, Per Diem
Wound Center, Registered Nurse, Per Diem
Emergency Dept., Registered Nurse, Per Diem
Rehabilitation, Physical Therapist, Per Diem
Thanks and Recognition

“I would like to assure all second-homeowners in the Berkshires that should the need arrive to be admitted to Berkshire Medical Center they should rest assured that they will be in the care of a staff of consummate professionals.

Upon arriving for a visit from New York City at the beginning of the July 4 holiday weekend, my sister needed to be admitted overnight. As a retired hospital administrator familiar with the workings of a large institution, she was extremely impressed at the high level of care. Staff communication was effective and they quickly established an atmosphere that promoted a feeling of safety and confidence.

I am sure year-round residents already know what an exceptional hospital BMC is. But for those of us who do not live here year-round, and our visitors, it is reassuring to know our health will be in good hands.” – Letter to the Editor printed in the Berkshire Eagle on July 12, 2013 and submitted by Sherry Wells Levine of Becket

“I would give your hospital an A+ overall. Everyone knew how to do their job and did it very efficiently. If I was in your area again and had an emergency, I would want to be taken to your hospital.” – Comment from a BMC 2 South patient

“From the moment I walked into the emergency room I was treated with respect, urgency and kindness. That wonderful service remained throughout my three day stay.” – Comment from a BMC Emergency Department and Telemetry Unit patient

“I was impressed with the thoughtfulness, care and consideration and capable way the test was done.” – Comment from a BMC Women's Imaging Center patient

“World caliber care in Pittsfield, Massachusetts!” – Comment from a Crane Center for Ambulatory Surgery patient

Employees Encouraged to Take Diversity Survey

Berkshire Health Systems, with the aid of its Diversity Committee is continuing to assess our services to our Lesbian, Gay, Bisexual and Transgender (LGBT) patients. As with other underserved populations, LGBT people have specific needs to ensure that they receive optimal care. BHS has engaged the National LGBT Health Education Center at Fenway Health in Boston to help us create and administer a meaningful survey.

We now need all employees’ help. Please fill out the survey by visiting the BHS Employee Web Portal and clicking on the appropriate link for either the Management Survey or the All Other Employee Survey. The survey will be available until August 9th. Please note that you must complete the survey in one sitting and cannot save a partially completed survey.

Diabetes Lecture Highlights Meal Planning

The BMC Diabetes Support Group will present a lecture focusing on “Meal Planning on a Budget,” on Tuesday, September 3rd from 6 to 8 pm in the BMC Private Dining Rooms. The speaker for the program will be Jan Salzer, Registered Dietitian and Certified Diabetes Educator for the BHS Diabetes Education Program. All are welcome to attend. Pre-registration is required. To register, call the Diabetes Education office at 413-395-7942 or ext. 7942.

In Memoriam

Mary E. Grunow, a Registered Nurse at BMC for over 30 years, died on July 18th at the age of 78. She worked in the BMC Mother Baby Unit, retiring in 1997, but continuing on-call until 2001.

The staff of Berkshire Health Systems offers its deepest condolences to her friends and family.